

# Bose-Einstein condensation of cold gases in traps

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## 1 Ideal bose gas

### 1.1 Harmonic potential

Isotropic harmonic potential and oscillator length

$$V_{\text{ho}}(\mathbf{r}) = \frac{1}{2}m\omega_{\text{ho}}^2\mathbf{r}^2 \quad a_{\text{ho}} = \sqrt{\frac{\hbar}{m\omega_{\text{ho}}}}$$

### 1.2 Critical temperature $T_c$

Bose distribution and density of states

$$f(E) = \frac{1}{e^{(E-\mu)/kT} - 1} \quad g(E) = \frac{1}{2(\hbar\omega_{\text{ho}})^3} E^2$$

Total number of particles in excited states at  $T_c$

$$N = N_{\text{ex}}(T = T_c, \mu = 0) = \int_0^\infty dE \frac{g(E)}{e^{E/kT_c} - 1} = \zeta(3) \left( \frac{kT_c}{\hbar\omega_{\text{ho}}} \right)^3$$

Critical temperature

$$kT_c \approx 0.94 \hbar\omega_{\text{ho}} N^{1/3} \quad \Rightarrow \quad T_c \approx 500 \text{ nK}$$

## 2 Experimental techniques

### 2.1 Radiation forces

Scattering force: Absorption of a photon  $\hbar\mathbf{q}$  followed by spontaneous emission in a random direction

$$\mathbf{F}_{\text{scatt}} = \dot{\mathbf{p}} = \hbar\mathbf{q} \Gamma_g(\omega)$$

All optical cooling techniques are limited by the recoil of an emitted a photon

$$kT_r = \frac{\hbar^2 q^2}{2m} \quad \Rightarrow \quad T_r \approx 1 \mu\text{K}$$

Dipole force: Stark shift of the time-averaged electric field of the laser leads to a force towards higher laser intensities.

### 2.2 Zeeman slower

Zeeman shift  $V_Z$  cancels decreasing Doppler shift  $V_D$  while atoms are being slowed down

$$\hbar\omega = \hbar\omega_0 + V_Z + V_D = \hbar\omega_0 + gm\mu_B B - kv$$

### 2.3 Magneto-optical trap

A linear magnetic field at the center of the trap and counter-propagating  $\sigma^+$  and  $\sigma^-$  polarized laser beams lead to a trapping and cooling force towards the origin of the trap.

### 2.4 Magnetic trap and evaporative cooling

Low-field seekers ( $gm > 0$ ) are trapped within the harmonic trap potential

$$B = \frac{B''}{2}r^2 + B_0 \quad \text{and} \quad V_Z(\mathbf{r}) = gm\mu_B B \quad \Rightarrow \quad \mathbf{F}(\mathbf{r}) = -\nabla V_Z \propto -gm \mathbf{r}$$

Loss of atoms above a cut-off energy leads to a lower temperature of the ensemble.

## 3 Weakly interacting bose gas

### 3.1 Thomas-Fermi approximation

Neglect kinetic energy in the Gross-Pitaevskii equation for  $\frac{Na}{a_{\text{ho}}} \gg 1$

$$[V_{\text{ho}}(\mathbf{r}) + g|\Psi|^2] \Psi = \mu\Psi$$

Density distribution for  $r \leq r_{\text{TF}}$

$$n(\mathbf{r}) = \frac{\mu}{g} \left(1 - \frac{r^2}{r_{\text{TF}}^2}\right) \quad \text{with} \quad r_{\text{TF}} = a_{\text{ho}} \left(15 \frac{Na}{a_{\text{ho}}}\right)^{1/5} > a_{\text{ho}}$$

### 3.2 Healing length

Kinetic energy comparable to interaction energy

$$\frac{\hbar^2 k^2}{2m} = \frac{\hbar^2}{2m\xi^2} = gn \quad \Rightarrow \quad \xi^2 = \frac{\hbar^2}{2mgn} = \frac{1}{8\pi an}$$

$\xi$  is the length scale on which perturbations in the density distribution are “healed”.